



# St. Andrew Moms



Volume 11, Issue 3

April 2009

## S.A.M.S Board

### Ministry Co-Chairs

Kristi Escarcega (602) 525-6887  
Holly Forseth 812-4682

### Calendar Planning Coordinators

Megan Mikolajczyk 215-8039  
Molly Swindler 763-1170

### Charitable Works Coordinator

Mercedes Brandt 897-6644

### Meeting & Childcare Coordinator

Annemarie Mulligan 247-9764  
Laura Mehall 491-2646

### Outreach Coordinator

Kristen Ackerman 287-2621

### Party Coordinator

Jody McDonald 782-8888

### Spiritual Enrichment Coordinator

Jeaneen Thiele (602) 330-5937

### Welcome Coordinators

Heide Kocsis 802-4138  
Heather Kroll 636-1578

### S.A.M.S Liaisons

### Book Club

Denise Goodman 775-1299

### Special Events

Gail Pavelschak 792-0670

Dear S.A.M.S Members,

Blessings to you and your family. I hope you enjoyed your spring break and are ready to spring into the Easter season.

We have two fabulous full-ministry events this month! The first is our annual S.A.M.S family picnic. This year, we have moved the location to the Desert Breeze park near the fire station in hopes that the fire truck we asked to attend won't get a call during the picnic! See Jody's article for details, and please give her a call if you can help out in any way. This is a large event and she could use any assistance with setup and cleanup that we can offer.

Our next big shindig is the Friendship Fiesta at the end of the month. Heather and Heide are planning another wonderful evening for us! This is the perfect opportunity to bring your friends to an event without kids and introduce them to the S.A.M.S ministry. We'll talk a little about S.A.M.S, play a few games, eat delicious food, and share mom stories with one another. This always proves to be a fun-filled night out with friends!

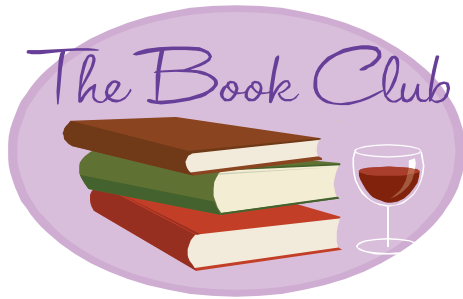
There is a special article in this newsletter written by a friend of Kristi's on speech development that we hope you will find informative. Please take a look!

One last reminder: don't forget to purchase your Summer Movie Fun Tickets from Harkins. There are many great movies this summer and if you and your children are looking for ways to beat the heat, sitting in an air-conditioned theatre chomping on popcorn for just a dollar or so a ticket can't be beat!

I pray that all of you have a blessed Holy Week and find Jesus in all those you encounter these next few weeks. We are truly blessed to be created by such a loving God, one that wanted so much to share his life with us that he sent his son to earth so that we might get to know him better.

Blessings,  
Holly & Kristi

***The mission of the St. Andrews Moms (S.A.M.S) Ministry is to support mothers and their children through friendship, faith sharing, and service.***



The next book club will be meeting April 16th at 7:30pm at the home of Denise Goodman

Our book for discussion will be **Double Shot** by Diane Mott Davidson. We will be preparing some of the desserts featured in this book for our meeting!

*Caterer supreme Goldy Schulz has more on her plate than she can handle. Her ultra-charming, ultra-wealthy, and seriously psychopathic ex-husband, Dr. John Richard Korman (aka "the Jerk"), is free now that the governor of Colorado has commuted his prison sentence. And someone -- the Jerk, perhaps -- has taken great pains to sabotage Goldy's latest culinary endeavor, a post-funeral reception for a friend at a local lodge.*

*But even more than the anonymous threats, rumors, and violence that have lately been directed Goldy's way, it's her discovery of a fresh corpse that really spoils the stew -- a murder that could tear her family to pieces, a murder that virtually everyone believes Goldy committed.*

To RSVP and for directions, contact Denise at (480) 775-1299.

The book club meets once a month for dessert and discussion. The location varies month-to-month and will be listed in the newsletter and on the S.A.M.S calendar of events.

#### **Upcoming Books:**

May - Carpe Demon, By: Julie Kenner

June- The True & Outstanding Stories of the Hunt sisters,  
By: Elisabeth Robinson

Remember, ANYONE can join the book club!  
Just read the book and show up for discussion!!!

***Hope to see you there!***

In the spirit of the Easter Season, we thought this prayer would give a different perspective from what we normally hear during this time of year. As we enjoy all the yummy jelly beans, we can reflect on this prayer celebrating the life, death and resurrection of Jesus Christ.



### Jelly Bean Prayer

Red is for the blood Christ gave  
Green is for the palm's cool shade  
Yellow is for God's light so bright  
Orange is for prayers at twilight  
Black is for sweet rest at night  
White is for the Grace of Christ  
Purple is for His days of sorrow  
Pink is for each new tomorrow



Taken from catholicmom.com

May God Bless you and your family during this Easter Season!

Welcome baby Leighton! **Lisa Warriner** gave birth to her 4th child on Feb 28th. Leighton weighed 7 lb 15 oz and was 21 inches. Mom, baby, and family are all doing well. A special THANK YOU to the SAMS members who delivered meals to the Warriner family!

#### **Are you expecting???**

If so, please contact Kristen Ackerman at [kristien.e.ackerman@intel.com](mailto:kristien.e.ackerman@intel.com) or (480) 287-2621 to let her know! We would love to deliver meals to your family or assist with whatever help you may need.

#### **Are you looking for a way to get more involved in the SAMS ministry?**

Consider helping out as an Outreach Volunteer. Our Outreach Coordinator Kristen could use some help contacting expectant mothers and coordinating meal deliveries. If you are interested, please contact Kristen Ackerman.



## S.A.M.S April General Meeting

Our general meeting for April will be replaced by the Friendship Fiesta! Please read the article to the right for all the details. Hope to see you there!!!



## It's Picnic Time!!!

Spring is here and we'd love to see everyone – old faces and new – at our annuals **S.A.M.S Family Picnic on Saturday April 4<sup>th</sup> at 4:00pm**. This year please join us at the “little” Desert Breeze Park (just north of Chandler Blvd. on Desert Breeze Pkwy. next to the fire station). The picnic will, once again, be a potluck but S.A.M.S will provide the main entrée of sub sandwiches.

Bring lawn chairs, picnic blankets and your family's favorite outdoor games to share and let the kids have fun playing with their friends! As a special treat, the City of Chandler has agreed to roll out a fire truck for the kids to tour (assuming it's not needed for a call). We are also hoping to have a face painter there for the kids!

Please RSVP to Jody McDonald @ [jody.mcdonald@cox.net](mailto:jody.mcdonald@cox.net) or 480-782-8888 with the number of family members attending and if you'll be bringing a side dish or dessert to share. If you have any questions regarding the picnic or would like to volunteer to organize a game or help clean up, please contact Jody.

## S.A.M.S 6<sup>th</sup> Annual “Friendship Fiesta”

**Tuesday, April 28<sup>th</sup> at 7:00pm**

**St. Andrew the Apostle Church, Adult Education Room**

Has it been awhile since you've had an evening without the kids? Do you want to make some new friends and catch-up with your old ones? Then you won't want to miss this fun and relaxing evening of companionship just for moms! This is the perfect opportunity to get out of the house and get better acquainted with S.A.M.S.

There will be a special blessing for all moms in attendance. We will have a complimentary nacho-bar and an array of festivities, including special recognitions, fun activities, and prizes. There is no charge to attend, and all mothers and mothers-to-be are welcome!

We will be accepting donations for St. Andrew's Food Pantry at the door. If you would like to donate to the food pantry, the needed items are listed on the parish website at [www.standrew-cfc.org](http://www.standrew-cfc.org).

RSVP's are appreciated, but not necessary. Simply reply via your e-vite invitations that will be coming out soon or contact Heather Kroll at (480) 636-1578 or [klheather@cox.net](mailto:klheather@cox.net)



## CHARITABLE WORKS UPDATE FOR APRIL 2009

### FOOD PANTRY

The food pantry is in need of the following items:

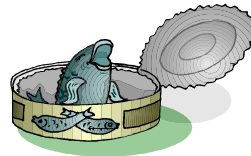
Cookies

Dry Potatoes

Pasta

Toothpaste

In great need of **Tuna and Jelly**



### FUTURE CHARITABLE WORKS:

#### ANOINTING OF THE SICK ST. PEREGRINE MASS

The mass is tentatively scheduled for April. We may be asked to provide bake goods for the reception following the mass. Please stay tuned for more information to follow.

## MOMS: Ministry of Mothers Sharing

Share Group Sixteen has just ended their 8 week session. We extend our prayers and support to the following participants as they continue their journey: Cori Masters, Mary Kay Obarski, Stephanie Samuelson & Carolina Valle. We thank our wonderful facilitators Tara Holland & Dawn Quinn for their leadership. Also, thanks to those who helped with childcare & the prayer partners – your support has made our ministry a success!

MOMS provides women with an 8-week journey of personal and spiritual growth, enabling them to develop their self-esteem, relationship skills and a more defined sense of their spirituality at a time when they are facing the unique challenges of raising a family. Topics include: Self-esteem & Self-acceptance, Stress, Worries & Anxiety, Everyday Spirituality, Feelings, Personal Growth & Expressing Values in Friendships.

We look forward to our next session in the fall. If you are interested in being a participant, please contact one of our ministry coordinators: Donna Bullock at (480)812-0989 & [dbullock010@cox.net](mailto:dbullock010@cox.net) or Cheryl Spindler at (480) 821-4622 & [spindler2@cox.net](mailto:spindler2@cox.net).

## SAVE THE DATE!

### Ringling Bros. and Barnum & Bailey Circus



### The Greatest Show on Earth presents...

### “ZING ZANG ZOOM”

Through the mystery of magic and the mastery of skill, audiences will be spellbound as Ringling Bros. and Barnum & Bailey® Presents ZING ZANG ZOOM, a thrill-filled, mind-blowing circus spectacular where family fun is no illusion. Magical Zingmaster Alex and his assistant, Levitytia, lead audience members through an extraordinary world of fantasy that celebrates the uplifting spirit of the circus and also wards off the cynical Mr. Gravity and his team of Heavies who try to bring everyone down.

Don't miss the All Access Pre-Show! Starts one-hour prior to show time & is available to all ticket-holders. See animals up close, visit with performers, get autographs, try on costumes, and enjoy the circus fun.

**When: Friday, June 26<sup>th</sup> at 11:00 am**

**Where: US Airways Center**

Stay tuned to the May newsletter for ticket cost and RSVP information.



Hello S.A.M.S Members!

I have had several questions thrown my way recently by some of our moms about what is “normal” in speech development in children. I decided to go to a professional to help us moms who have questions and/or concerns about our children’s speech and language progress. Below is an article written by a fellow parishioner, JoAnn Ridge, who is a Licensed and Certified Speech-Language Pathologist, as well as the Co-Director of Ridge Zeller Therapy. We are hoping to have her as a guest speaker at one of our general meetings this year, but in the mean time please read, learn from, and enjoy what she has shared!



Thank you- Kristi

### **To Speak or Not to Speak...**

I have four children; Drake, who is 15, and eleven year-old triplets, Marin, Jackson, and Colleen. From the moment they were born, it was so exciting to watch them learn about their world. I remember the first time they rolled over, took their first steps, and put on their own shoes. Ok, so I don’t really remember the triplet’s development all that well, but I do remember being really excited about it! Regardless, aside from sleeping through the night (Drake-October 31, 1994, Triplets-January 4, 1998), one of my best parenting memories was hearing my kids say “Mom” for the first time. That is, until they would say “Mom, mom, mom, mom, mom...!” in rapid succession just to make me crazy. But, that’s another story.

All kidding aside, it is amazing to watch our children develop successful speech and language. Even though we moms know that children develop at different rates, it can be very disconcerting when we notice that our child is not talking the same as the other kids. Maybe your child isn’t using sentences yet. Perhaps you’ve suddenly noticed that no one understands your child’s speech except you. Questions often arise such as, “Is my child talking normally?” and “If there is a problem, how will I know?”

There are many indicators of normal speech and language development a.k.a. “hearing, understanding and talking” (see following page). If you notice that your child’s hearing, understanding and talking does not seem to be developing on target, contact your pediatrician. She may suggest a follow up with a speech-language pathologist, specialists in speech and language development. A speech-language pathologist will screen your child for a potential speech-language delay, and determine if additional assessment or treatment are necessary.

Here’s some advice from a mother of four children, ages 15 and 11, 11, 11...Although your child’s early years may be tiring and trying, they are always rewarding. Remaining educated about your child’s development is the single most important thing you can do to insure your child is learning and growing as he or she should be.

Oh, about that talking thing...I can hardly wait to hear my kids say, “Mom, can I have the keys to the car?”

*JoAnn Ridge, MS, CCC-SLP, Licensed and Certified Speech-Language Pathologist, Co-Director of Ridge Zeller Therapy. You can contact JoAnn at (480) 695-4746.*

## **Birth to 3 Months:**

### **Hearing and Understanding:**

Startles to loud sounds, recognizes your voice, smiles when spoken to, increases or decreases sucking behavior in response to sound.

**Talking:** Makes pleasure sounds (cooing, going), cries differently for different needs, smiles when sees you

## **4-6 Months:**

**Hearing and Understanding:** Moves eyes in direction of sounds, responds to changes in tone of your voice, notices that toys make noise, pays attention to music.

**Talking:** Babbling sounds more like-speech with many different sounds, including *p, b, m*, chuckles and laughs, vocalizes excitement and displeasure, and makes gurgling sounds when left alone and when playing with you.

## **7 months- 1 Year:**

**Hearing and Understanding:** Enjoys games like peek-a-boo, turns and looks in direction of sounds, listens when spoken to, recognizes words for common items like “cup”, “shoe”, “book”, or “juice”, begins to respond to requests such as “Come here” or “Want more?”

**Talking:** Babbling has both long and short groups of sounds such as "tata upup bibibibi", uses speech or noncrying sounds to get and keep attention, uses gestures to communication (waving, holding arms to be picked up), imitates different speech sounds, has one or two words (hi, dog,dada, mama) around first birthday, although sounds may not be clear.

## **1 -2 Years:**

**Hearing and Understanding:** Points to a few body parts when asked. Follows simple commands and understands simple questions ("Roll the ball," "Kiss the baby," "Where's your shoe?"), listens to simple stories, songs, and rhymes, points to pictures in a book when named.

**Talking:** Says more words every month, uses some one- or two- word questions ("Where kitty?" "Go bye-bye?" "What's that?"), puts two words together ("more cookie," "no juice," "mommy book"), uses many different consonant sounds at the beginning of words.

## **2-3 Years:**

**Hearing and Understanding:** Understands differences in meaning ("go-stop," "in-on," "big-little," "up-down"), follows two requests ("Get the book and put it on the table"), listens to and enjoys hearing stories for longer periods of time.

**Talking:** Has a word for almost everything, uses two- or three- words to talk about and ask for things, uses *k, g, f, t, d,* and *n* sounds, speech is understood by familiar listeners most of the time, often asks for or directs attention to objects by naming them.

## **3-4 Years:**

**Hearing and Understanding:** Hears you when you call from another room, hears television or radio at the same loudness level as other family members, answers simple "who?", "what?", "where?", and "why?" questions.

**Talking:** Talks about activities at school or at friends' homes, people outside of the family usually understand child's speech, uses a lot of sentences that have 4 or more words, usually talks easily without repeating syllables or words.

## **4-5 Years:**

**Hearing and Understanding:** Pays attention to a short story and answers simple questions about it, hears and understands most of what is said at home and in school.

**Talking:** Makes voice sounds clear like other children's, uses sentences that give lots of details (e.g., "I like to read my books"), tells stories that stick to topic, communicates easily with other children and adults, says most sounds correctly (except perhaps certain ones such as *l, s, r, v, z, ch, sh, th*), uses the same grammar as the rest of the family.

From “How Does Your Child Hear and Talk?” American Speech-Language Hearing Association, [www.asha.org/public/speech/development/chart.htm](http://www.asha.org/public/speech/development/chart.htm)

## April 2009 Calendar Highlights

Mountain Pointe Dance Rehearsal

Tuesday, April 7<sup>th</sup> 3:30PM

**4201 E. Knox Rd., Phoenix**

Come watch the Mountain Pointe dancers practice for their recital. Please note this is a practice, so the girls will not be in full costume and will be stopping and starting throughout the practice. We are invited to watch from 3:30 - 4:30pm.

Bubble Blast

Wednesday, April 15<sup>th</sup>, 9:00AM - 10:00AM

*Tumbleweed Recreation Center, 745 E. Germann Rd., Chandler*

Come enjoy a day in the midst of bubbles with BUBBLE BLAST! This play area is intended for children 5 years of age and younger to play under parental/guardian supervision. There will be bubble wands, bubble machines and bubbles for kids in a fun and safe atmosphere. Fee: \$2 per child (maximum of 4 children per adult). If you have a family pass at Tumbleweed, this is included.

Summer Movie Fun Tickets on Sale

Friday, April 17<sup>th</sup>

**Harkins Theaters at Chandler Mall**

S.A.M.S will be buying tickets for Thursdays this summer. Be sure to get your ticket and join us for the movies this summer!

Moms Night Out at Joe's Farm Grill

Thursday, April 23<sup>rd</sup>, 7:00PM

**3000 E. Ray Rd., Gilbert (conveniently located just off the 202 & Higley)**

Join us for a night out without the kids! As much as possible, they use fruits, vegetables, and herbs from Agritopia, right at their front door. You are sure to love it! RSVP to Megan at 215-8039. See their website at [www.joesfarmgrill.com](http://www.joesfarmgrill.com)

Bikes, Bounce and Boogie

Wednesday, April 29<sup>th</sup>, 9:00AM - 10:00AM

*Tumbleweed Recreation Center, 745 E. Germann Rd., Chandler*

Come enjoy a fun filled morning of Bikes, Bounce and Boogie. There will be bikes, pedal cars, trikes, push cars, a bounce house and music for children to boogie and enjoy. This play area is intended for children 5 years of age and younger to play under parental/guardian supervision. Fee: \$2.00 per child (maximum four children per one adult). If you have a family pass at Tumbleweed, this is included.

Mother/Grandmother's Day Craft

Thursday, April 30<sup>th</sup>, 10:00AM

**JoAnn, 5021 E. Ray Rd., Phoenix (I-10 & Ray Rd.)**

Come on out and have your child make a Mother's Day (or Grandmother!) craft. The cost is only \$5 per child.